

**RULES FOR THE MIDDLESEX ASSOCIATION  
INTER-DISTRICT STRIKING COMPETITION  
FOR THE “ROGER BAILEY CUP”**

1. This competition will usually be held on the same day as the Middlesex Association Annual General Meeting, at a time to be agreed by the Association Master and General Secretary with the host district's Ringing Master and Secretary.
2. The Association General Secretary will organise the competition and appoint a judge or judges.
3. Up to two teams from each District will take part.
4. The composition of the teams will be decided by the District Ringing Masters. The teams must comprise Association members who ring regularly within the team's District. No ringer may ring for more than one team.
5. A draw will be made immediately prior to the start of the competition and the teams will ring in the order resulting from that draw, except that teams may notify the General Secretary in advance (not on the day of the competition) of a time constraint, and this may be taken into account when making the draw.
6. Three minutes' practice is permitted prior to the test piece, with a steward to time this practice. At the end of this practice ropes may be adjusted (in accordance with the policy of the host tower) and bells may be rung, individually, to test the ropes.
7. The treble and second will be rung in rounds for two whole pulls (1-2-1-2 1-2-1-2) to alert the judge(s) that the test piece is about to be rung.
8. The test piece, to be rung by all teams, will be decided upon by the Association Master, after consultation with the District Ringing Masters, and will comprise a touch of between 200 and 300 changes in a method on eight or ten bells (Triples, Major, Caters or Royal).
9. The judge or judges will give any comments on the ringing, announce the results, and award to the winning team the Roger Bailey Cup (which remains the property of the Association).
10. These rules may only be amended by the Association Central Committee by a simple majority of those voting.